

# THE CARE YOU NEED – WHEN, WHERE AND HOW YOU NEED IT.

## Introducing Cigna Telehealth Connection.



### Choice is good. More choice is even better.

Cigna provides access to telehealth services as part of your medical plan.

Cigna Telehealth Connection lets you get the care you need – including most prescriptions – for a wide range of minor conditions. Now you can connect with a board-certified doctor via video chat or phone, without leaving your home or office. When, where and how it works best for you!

**Choose when:** Day or night, weekdays, weekends and holidays.

**Choose where:** Home, work or on the go.

**Choose how:** Phone or video chat.

**Choose who:** MDLIVE doctors.

Say it's the middle of the night and your child is sick. Or you're at work and not feeling well. If you pre-register with MDLIVE, you can speak with a doctor for help with:

- › sore throat
- › fever
- › rash
- › headache
- › cold and flu
- › acne
- › stomachache
- › allergies
- › UTIs and more

### The cost savings are clear

Televisits with MDLIVE cost less than going to a convenience or urgent care clinic, and significantly less than going to the emergency room. And the cost of a phone or online visit is the same or less than a visit with your primary care provider. Remember, you should only use telehealth services for non-life threatening conditions.

### State of Tennessee Group Insurance plan members

**PPO Members:** Your copay is \$15

**CDHP Members:** You pay the negotiated rate per visit until you reach your deductible, then the primary care office visit coinsurance applies

The ParTNers For Health website has updated information about COVID-19 and benefits information. Visit [www.tn.gov/partnersforhealth](http://www.tn.gov/partnersforhealth).

### Cigna Members Signing up is easy!

- › Set up and create an account with MDLIVE
- › Complete a medical history using their “virtual clipboard”
- › Download vendor apps to your smartphone/mobile device\*

### Choose with confidence

MDLIVE is a quality national telehealth provider, so you can choose your care confidently. When you can't get to your doctor, Cigna Telehealth Connection is here for you.

**Register today so you'll be ready to use a telehealth service when and where you need it.**

**MDLIVEforCigna.com\*\***  
**888-726-3171**

**Together, all the way.®**



Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company or their affiliates.

Cigna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATTENTION: Language assistance services, free of charge, are available to you. Call 1-800-244-6224 (TTY: 711).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-244-6224 (TTY: 711).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電1-800-244-6224（TTY：711）



\* The downloading and use of any mobile app is subject to the terms and conditions of the mobile app and the online stores from which it is downloaded. Standard mobile phone carrier and data usage charges apply.

\*\* Availability may vary by location and plan type and is subject to change. See vendor sites for details.

MDLIVE is an independent company/entity and is not affiliated with Cigna. The services, websites and mobile apps are provided exclusively MDLIVE and not by Cigna. Providers are solely responsible for any treatment provided. Not all providers have video chat capabilities. Video chat is not available in all areas. MDLIVE services are separate from your health plan's provider network. Telehealth services may not be available to all plan types. A Primary Care Provider referral is not required for MDLIVE services.

In general, to be covered by your plan, services must be medically necessary and used for the diagnosis or treatment of a covered condition. Not all prescription drugs are covered. All group health insurance policies and health benefit plans contain exclusions and limitations. See your plan materials for costs and details of coverage, including other telehealth/telemedicine benefits that may be available under your specific health plan.

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